

# Harlingen, Waddenzee

## Hoog- en laagwaterstanden en -tijdstippen

Januari 2026											
datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP
<b>1</b> do	1:35 6:54 14:18 19:37		-77 99 -72 92	<b>11</b> zo	2:33 9:53 14:35 21:55	105 -76 67 -84		<b>21</b> wo	6:23 11:21 18:25 23:37	-88 86 -93 128	
<b>2</b> vr	2:52 8:18 15:23 20:47		-83 100 -77 108	<b>12</b> ma DT	3:10 10:34 15:26 22:38	95 -69 67 -74		<b>22</b> do	7:03 12:01 19:01	-91 84 -97	
<b>3</b> za VM 11:02	4:02 9:29 16:22 21:45		-90 101 -82 121	<b>13</b> di	3:59 11:25 16:37 23:37	86 -63 68 -63		<b>23</b> vr	0:18 7:40 12:40 19:38	128 -90 80 -101	
<b>4</b> zo	5:01 10:28 17:14 22:36		-96 99 -87 129	<b>14</b> wo	5:01 12:34 17:57	80 -61 74		<b>24</b> za	1:00 8:15 13:14 20:16	125 -88 74 -102	
<b>5</b> ma ST	5:54 11:19 18:01 23:22		-100 93 -92 133	<b>15</b> do	1:04 6:13 13:46 19:07	-59 77 -65 84		<b>25</b> zo	1:39 8:51 13:38 20:57	118 -84 71 -100	
<b>6</b> di	6:41 12:04 18:44		-101 86 -97	<b>16</b> vr	2:19 7:22 14:48 20:12	-63 78 -72 95		<b>26</b> ma EK 5:47	2:16 9:30 14:00 21:42	111 -79 73 -95	
<b>7</b> wo	0:04 7:24 12:42 19:25	133	-100 78 -101	<b>17</b> za	3:20 8:26 15:40 21:06	-70 82 -79 106		<b>27</b> di	2:54 10:15 14:45 22:36	103 -73 75 -87	
<b>8</b> do	0:45 8:04 13:14 20:04	130	-96 72 -102	<b>18</b> zo NM 20:51	4:12 9:20 16:26 21:50	-76 84 -83 113		<b>28</b> wo DT	3:46 11:13 15:55 23:46	94 -66 74 -79	
<b>9</b> vr	1:24 8:41 13:41 20:41	124	-90 69 -99	<b>19</b> ma	4:58 10:04 17:08 22:26	-80 86 -86 119		<b>29</b> do	5:02 12:29 17:45	83 -63 78	
<b>10</b> za LK 16:48	2:00 9:17 14:02 21:18	114	-83 67 -93	<b>20</b> di ST	5:42 10:42 17:47 23:00	-85 86 -89 124		<b>30</b> vr	1:14 6:41 13:54 19:21	-78 79 -68 92	
								<b>31</b> za	2:44 8:16 15:11 20:37	-87 84 -79 109	

Referentievlak: NAP

ST = Springtij, DT = Doodtij, LAT = NAP-134 cm

Nederlandse tijd

*Cursief gedrukte tijdstippen zijn in ZOMERTIJD*

# Harlingen, Waddenzee

## Hoog- en laagwaterstanden en -tijdstippen

Februari 2026											
datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP
<b>1</b> zo	3:57		-99	<b>11</b> wo	3:00	78		<b>21</b> za	0:04	125	
VM 23:09	9:26	89		<b>DT</b>	10:09		-71		7:24		-103
	16:12		-90		15:18	72			12:22	82	
	21:36	123			22:32		-72		19:29		-113
<b>2</b> ma	4:54		-107	<b>12</b> do	3:59	68		<b>22</b> zo	0:43	120	
	10:22	91			11:00		-64		7:57		-97
	17:04		-98		16:42	68			12:52	80	
	22:26	131			23:41		-62		20:05		-112
<b>3</b> di	5:43		-109	<b>13</b> vr	5:18	62		<b>23</b> ma	1:21	111	
<b>ST</b>	11:09	88			12:35		-60		8:29		-91
	17:49		-104		18:22	74			13:17	79	
	23:09	133							20:42		-109
<b>4</b> wo	6:26		-108	<b>14</b> za	1:32		-64	<b>24</b> di	1:56	100	
	11:47	83			6:44	64		EK 13:27	9:02		-86
	18:29		-109		14:13		-70		13:40	81	
	23:49	131			19:43	88			21:24		-103
<b>5</b> do	7:04		-105	<b>15</b> zo	2:51		-77	<b>25</b> wo	2:33	88	
	12:17	79			8:05	71			9:42		-79
	19:07		-113		15:16		-83		14:25	81	
					20:46	101			22:16		-93
<b>6</b> vr	0:25	126		<b>16</b> ma	3:51		-89	<b>26</b> do	3:29	74	
	7:38		-101		9:11	77		<b>DT</b>	10:36		-71
	12:42	77			16:07		-91		15:44	75	
	19:42		-113		21:34	110			23:30		-83
<b>7</b> za	0:59	118		<b>17</b> di	4:41		-98	<b>27</b> vr	5:04	62	
	8:09		-96		10:00	81			12:00		-65
	13:02	76		NM 13:01	16:52		-97		17:41	79	
	20:14		-109		22:13	116					
<b>8</b> zo	1:27	107		<b>18</b> wo	5:26		-103	<b>28</b> za	1:10		-85
	8:37		-89		10:39	82			6:50	64	
	13:19	77			17:34		-102		13:42		-73
	20:43		-101		22:48	121			19:15	94	
<b>9</b> ma	1:50	96		<b>19</b> do	6:08		-106				
LK 13:43	9:04		-83	<b>ST</b>	11:14	83					
	13:42	78			18:14		-107				
	21:13		-92		23:25	124					
<b>10</b> di	2:17	87		<b>20</b> vr	6:47		-106				
	9:33		-77		11:48	83					
	14:20	77			18:52		-111				
	21:47		-83								

Referentievlak: NAP

**ST** = Springtij, **DT** = Doodtij, LAT = NAP-134 cm

Nederlandse tijd

*Cursief gedrukte tijdstippen zijn in ZOMERTIJD*

# Harlingen, Waddenzee

## Hoog- en laagwaterstanden en -tijdstippen

Maart 2026											
datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP
<b>1</b> zo	2:41 8:15 15:01 20:26		-100 74 -90 111	<b>11</b> wo LK 10:38	1:33 8:48 13:36 21:11	76 -90 84 -90		<b>21</b> za ST	6:23 11:29 18:34 23:46		-115 82 -121 115
<b>2</b> ma	3:48 9:17 16:01 21:22		-115 82 -104 123	<b>12</b> do	2:09 9:23 14:28 21:55	68 -86 78 -82		<b>22</b> zo	7:00 12:00 19:13		-110 85 -122
<b>3</b> di VM 12:38	4:41 10:07 16:50 22:08		-121 85 -111 127	<b>13</b> vr DT	3:12 10:11 15:45 22:57	57 -78 70 -72		<b>23</b> ma	0:25 7:34 12:32 19:51	109	-104 87 -120
<b>4</b> wo	5:26 10:47 17:32 22:48		-117 83 -113 126	<b>14</b> za	4:37 11:17 17:25	49 -68 70		<b>24</b> di	1:04 8:07 13:02 20:30	98	-98 88 -115
<b>5</b> do ST	6:04 11:18 18:09 23:25		-111 81 -115 122	<b>15</b> zo	0:46 6:14 13:24 19:07	-71 52 -70 82		<b>25</b> wo EK 20:17	1:43 8:40 13:35 21:13	85	-94 88 -107
<b>6</b> vr	6:36 11:43 18:43 23:58		-106 82 -118 116	<b>16</b> ma	2:18 7:44 14:44 20:18	-87 63 -86 97		<b>26</b> do	2:27 9:20 14:27 22:08	70	-88 84 -98
<b>7</b> za	7:05 12:07 19:15		-103 85 -117	<b>17</b> di	3:22 8:53 15:40 21:09	-104 73 -99 107		<b>27</b> vr DT	3:39 10:16 15:59 23:27	55	-79 79 -91
<b>8</b> zo	0:29 7:32 12:31 19:44	107	-101 86 -112	<b>18</b> wo	4:15 9:43 16:28 21:52	-113 78 -107 112		<b>28</b> za	5:17 11:44 17:38	50	-74 85
<b>9</b> ma	0:55 7:58 12:50 20:10	95	-97 85 -104	<b>19</b> do NM 2:23	5:01 10:23 17:12 22:30	-117 80 -112 115		<b>29</b> zo	1:04 7:47 14:27 20:01		-98 56 -85 98
<b>10</b> di	1:14 8:22 13:06 20:38	84	-92 85 -97	<b>20</b> vr	5:43 10:58 17:54 23:07	-117 81 -117 116		<b>30</b> ma	3:27 9:01 15:43 21:07		-115 68 -102 111
								<b>31</b> di	4:28 9:58 16:41 21:59		-127 76 -114 117

Referentievlak: NAP

ST = Springtij, DT = Doodtij, LAT = NAP-134 cm

Nederlandse tijd

*Cursief gedrukte tijdstippen zijn in ZOMERTIJD*

# Harlingen, Waddenzee

## Hoog- en laagwaterstanden en -tijdstippen

April 2026											
datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP
<b>1</b> wo	5:18 10:42 17:29 22:43		-127 79 -117 117	<b>11</b> za	3:32 10:41 16:10 23:31	48 -91 75 -82		<b>21</b> di	1:10 8:11 13:16 20:38	95 -108 96 -123	
<b>2</b> do VM 4:11	6:00 11:16 18:10 23:21		-118 79 -115 113	<b>12</b> zo DT	5:05 11:44 17:37	41 -81 74		<b>22</b> wo	1:52 8:47 13:55 21:20	84 -105 98 -118	
<b>3</b> vr	6:35 11:42 18:45 23:56		-108 82 -114 108	<b>13</b> ma	1:06 6:46 13:16 19:10	-81 45 -77 82		<b>23</b> do	2:38 9:24 14:39 22:08	70 -101 96 -111	
<b>4</b> za ST	7:04 12:08 19:16		-104 88 -114	<b>14</b> di	2:38 8:13 14:57 20:34	-96 56 -89 94		<b>24</b> vr EK 4:31	3:35 10:08 15:40 23:06	56 -97 92 -104	
<b>5</b> zo	0:28 7:30 12:37 19:46	102	-105 93 -114	<b>15</b> wo	3:45 9:20 16:02 21:32	-111 67 -102 103		<b>25</b> za	4:51 11:07 17:00	47 -91 90	
<b>6</b> ma	0:58 7:56 13:05 20:14	94	-105 93 -110	<b>16</b> do	4:40 10:12 16:56 22:21	-119 74 -110 107		<b>26</b> zo DT	0:20 6:08 12:28 18:21	-102 47 -88 93	
<b>7</b> di	1:24 8:22 13:28 20:42	83	-103 91 -103	<b>17</b> vr NM 13:52	5:29 10:55 17:44 23:04	-121 78 -116 108		<b>27</b> ma	1:42 7:23 13:58 19:34	-109 53 -96 100	
<b>8</b> wo	1:44 8:47 13:43 21:10	72	-101 89 -97	<b>18</b> za	6:14 11:32 18:30 23:46	-119 82 -121 107		<b>28</b> di	2:57 8:32 15:12 20:37	-119 62 -107 106	
<b>9</b> do	1:58 9:15 14:09 21:44	65	-100 87 -93	<b>19</b> zo ST	6:55 12:06 19:14	-116 86 -124		<b>29</b> wo	3:57 9:25 16:12 21:29	-125 70 -115 107	
<b>10</b> vr LK 6:51	2:27 9:52 14:57 22:29	58	-97 82 -88	<b>20</b> ma	0:28 7:34 12:40 19:56	103 -112 92 -125		<b>30</b> do	4:47 10:06 17:01 22:12	-122 75 -114 103	

Referentievlak: NAP

ST = Springtij, DT = Doodtij, LAT = NAP-134 cm

Nederlandse tijd

*Cursief gedrukte tijdstippen zijn in ZOMERTIJD*

# Harlingen, Waddenzee

## Hoog- en laagwaterstanden en -tijdstippen

Mei 2026											
datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP
<b>1</b> vr VM 19:23	5:28 10:38 17:43 22:50		-113 80 -110 99	<b>11</b> ma DT	4:37 11:22 17:02	38 -93 83		<b>21</b> do	1:48 8:33 13:52 21:15	73 -109 108 -119	
<b>2</b> za	6:01 11:07 18:18 23:25		-104 87 -106 94	<b>12</b> di	0:32 6:05 12:36 18:13	-91 42 -88 87		<b>22</b> vr	2:39 9:16 14:42 22:04	62 -108 107 -115	
<b>3</b> zo ST	6:29 11:38 18:49 23:57		-102 94 -105 89	<b>13</b> wo	1:54 7:26 14:02 19:29	-99 51 -92 93		<b>23</b> za EK 13:11	3:36 10:02 15:39 22:58	53 -107 103 -111	
<b>4</b> ma	6:57 12:12 19:19		-104 99 -105	<b>14</b> do	3:02 8:34 15:16 20:43	-109 62 -101 99		<b>24</b> zo	4:38 10:56 16:43 23:58	48 -104 100 -109	
<b>5</b> di	0:29 7:25 12:43 19:50		83 -107 99 -102	<b>15</b> vr	4:01 9:30 16:18 21:43	-115 71 -108 102		<b>25</b> ma DT	5:40 12:02 17:49	47 -101 98	
<b>6</b> wo	0:58 7:53 13:10 20:20		74 -106 96 -98	<b>16</b> za NM 22:01	4:54 10:20 17:14 22:36	-116 80 -114 101		<b>26</b> di	1:04 6:41 13:16 18:54	-109 51 -100 97	
<b>7</b> do	1:23 8:20 13:33 20:50		64 -105 93 -95	<b>17</b> zo	5:42 11:04 18:06 23:26	-114 88 -119 98		<b>27</b> wo	2:10 7:40 14:28 19:54	-110 58 -102 96	
<b>8</b> vr	1:43 8:51 14:00 21:27		56 -105 90 -94	<b>18</b> ma ST	6:27 11:45 18:54	-112 95 -122		<b>28</b> do	3:12 8:33 15:33 20:48	-111 66 -104 94	
<b>9</b> za LK 23:10	2:11 9:31 14:45 22:13		50 -104 86 -92	<b>19</b> di	0:14 7:11 12:25 19:42	92 -111 102 -123		<b>29</b> vr	4:05 9:18 16:27 21:36	-109 75 -103 90	
<b>10</b> zo	3:09 10:21 15:50 23:13		42 -100 83 -90	<b>20</b> wo	1:01 7:52 13:07 20:28	83 -110 106 -122		<b>30</b> za	4:49 9:59 17:12 22:18	-104 84 -99 87	
								<b>31</b> zo VM 10:45	5:26 10:38 17:51 22:56	-100 92 -95 83	

Referentievlak: NAP

ST = Springtij, DT = Doodtij, LAT = NAP-134 cm

Nederlandse tijd

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# Harlingen, Waddenzee

## Hoog- en laagwaterstanden en -tijdstippen

Juni 2026											
datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP
<b>1</b> ma	5:58 11:16 18:25 23:31		-100 99 -94 79	<b>11</b> do	1:07 6:14 13:16 18:32	-95 51 -94 95		<b>21</b> zo	3:20 9:51 <i>EK 23:55</i> 15:23 22:37	56 -116 111 -112	
<b>2</b> di <i>ST</i>	6:30 11:52 18:59		-101 103 -94	<b>12</b> vr	2:15 7:32 14:31 19:47	-99 60 -97 95		<b>22</b> ma	4:06 10:37 16:13 23:24	51 -112 104 -106	
<b>3</b> wo	0:04 7:02 12:26 19:33		75 -103 105 -94	<b>13</b> za	3:19 8:44 15:42 21:06	-102 73 -102 95		<b>23</b> di <i>DT</i>	4:53 11:27 17:04	50 -106 97	
<b>4</b> do	0:38 7:33 12:58 20:07		70 -104 103 -94	<b>14</b> zo	4:18 9:46 16:47 22:14	-105 86 -108 94		<b>24</b> wo	0:16 5:42 12:25 17:59	-100 53 -98 90	
<b>5</b> vr	1:12 8:03 13:30 20:41		63 -105 100 -93	<b>15</b> ma <i>NM 4:54</i>	5:14 10:41 17:47 23:13	-106 98 -113 91		<b>25</b> do	1:14 6:36 13:33 18:57	-95 58 -91 84	
<b>6</b> za	1:47 8:37 14:05 21:19		55 -106 97 -94	<b>16</b> di	6:05 11:30 18:41	-107 107 -117		<b>26</b> vr	2:15 7:33 14:43 19:55	-93 67 -88 81	
<b>7</b> zo	2:23 9:18 14:47 22:03		48 -107 94 -94	<b>17</b> wo <i>ST</i>	0:08 6:54 12:17 19:32	85 -109 114 -120		<b>27</b> za	3:16 8:32 15:47 20:53	-93 77 -88 79	
<b>8</b> ma <i>LK 12:00</i>	3:07 10:06 15:36 22:56		44 -105 93 -94	<b>18</b> do	0:59 7:40 13:03 20:21	78 -111 118 -121		<b>28</b> zo	4:09 9:27 16:41 21:47	-95 88 -88 78	
<b>9</b> di	4:02 11:01 16:31 23:57		42 -101 93 -93	<b>19</b> vr	1:47 8:24 13:48 21:07	69 -114 119 -120		<b>29</b> ma	4:55 10:17 17:26 22:33	-95 97 -87 77	
<b>10</b> wo <i>DT</i>	5:04 12:04 17:29		45 -96 94	<b>20</b> za	2:34 9:07 14:35 21:52	62 -116 116 -116		<b>30</b> di <i>VM 1:56</i>	5:35 11:00 18:07 23:13	-96 104 -87 75	

Referentievlak: NAP

*ST* = Springtij, *DT* = Doodtij, *LAT* = NAP-134 cm

Nederlandse tijd

*Cursief gedrukte tijdstippen zijn in ZOMERTIJD*

# Harlingen, Waddenzee

## Hoog- en laagwaterstanden en -tijdstippen

Juli 2026											
datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP
<b>1</b> wo <i>ST</i>	6:13 11:38 18:45 23:49		-97 108 -88 73	<b>11</b> za	1:28 6:31 13:55 19:11	-84 66 -90 88		<b>21</b> di <i>EK 13:05</i>	3:14 10:10 15:32 22:43	60 -112 103 -95	
<b>2</b> do	6:49 12:12 19:23		-98 111 -90	<b>12</b> zo	2:40 8:05 15:15 20:44	-87 79 -94 87		<b>22</b> wo	3:41 10:48 16:07 23:22	60 -102 92 -86	
<b>3</b> vr	0:25 7:23 12:46 20:01	72 -100 112 -93		<b>13</b> ma	3:51 9:23 16:31 22:03	-92 95 -100 89		<b>23</b> do <i>DT</i>	4:22 11:30 16:51	61 -90 82	
<b>4</b> za	1:04 7:56 13:23 20:37	68 -103 112 -94		<b>14</b> di <i>NM 11:43</i>	4:55 10:26 17:37 23:08	-97 110 -108 89		<b>24</b> vr	0:09 5:27 12:25 17:50	-78 63 -78 74	
<b>5</b> zo	1:45 8:31 14:01 21:13	63 -105 109 -94		<b>15</b> wo	5:52 11:21 18:33	-102 120 -114		<b>25</b> za	1:12 6:42 13:45 19:00	-73 68 -70 70	
<b>6</b> ma	2:22 9:09 14:40 21:51	57 -107 105 -94		<b>16</b> do <i>ST</i>	0:04 6:42 12:09 19:23	86 -108 126 -117		<b>26</b> zo	2:26 7:53 15:04 20:11	-75 78 -72 71	
<b>7</b> di <i>LK 21:29</i>	2:53 9:52 15:19 22:33	53 -107 102 -92		<b>17</b> vr	0:53 7:29 12:54 20:08	80 -113 128 -118		<b>27</b> ma	3:33 9:01 16:11 21:20	-82 91 -78 74	
<b>8</b> wo	3:21 10:40 16:01 23:22	53 -104 100 -89		<b>18</b> za	1:35 8:12 13:36 20:50	73 -118 127 -116		<b>28</b> di	4:29 9:58 17:05 22:18	-88 102 -83 76	
<b>9</b> do <i>DT</i>	4:02 11:34 16:50	56 -98 97		<b>19</b> zo	2:13 8:52 14:17 21:29	67 -120 122 -111		<b>29</b> wo <i>VM 16:35</i>	5:16 10:45 17:50 23:02	-92 109 -86 77	
<b>10</b> vr	0:20 5:03 12:38 17:51	-85 60 -92 93		<b>20</b> ma	2:46 9:32 14:56 22:06	63 -119 114 -104		<b>30</b> do	5:58 11:24 18:31 23:40	-94 114 -89 78	
								<b>31</b> vr <i>ST</i>	6:37 11:57 19:11	-96 117 -93	

Referentievlak: NAP

*ST* = Springtij, *DT* = Doodtij, LAT = NAP-134 cm

Nederlandse tijd

*Cursief gedrukte tijdstippen zijn in ZOMERTIJD*

# Harlingen, Waddenzee

## Hoog- en laagwaterstanden en -tijdstippen

Augustus 2026											
datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP
<b>1</b> za	0:15 7:14 12:30 19:49	78 -98 120 -95		<b>11</b> di	3:36 9:12 16:26 22:00	-81 106 -98 88		<b>21</b> vr	3:15 10:41 15:53 23:01	76 -81 77 -70	
<b>2</b> zo	0:51 7:49 13:07 20:25	77 -101 121 -95		<b>12</b> wo NM 19:36	4:45 10:15 17:29 23:00	-93 123 -109 92		<b>22</b> za DT	4:11 11:23 16:50 23:48	72 -68 67 -62	
<b>3</b> ma	1:27 8:24 13:45 20:59	74 -104 119 -93		<b>13</b> do	5:41 11:08 18:22 23:51	-102 132 -113 90		<b>23</b> zo	5:40 12:30 18:10	70 -57 61	
<b>4</b> di	2:00 8:59 14:22 21:32	70 -105 113 -89		<b>14</b> vr ST	6:30 11:54 19:07	-108 135 -113		<b>24</b> ma	1:17 7:13 14:19 19:34	-57 78 -58 64	
<b>5</b> wo	2:27 9:36 14:58 22:06	66 -104 106 -85		<b>15</b> za	0:34 7:13 12:36 19:48	85 -112 134 -109		<b>25</b> di	2:58 8:34 15:39 20:57	-67 92 -71 73	
<b>6</b> do LK 4:21	2:45 10:18 15:33 22:47	68 -100 100 -80		<b>16</b> zo	1:09 7:53 13:14 20:25	80 -116 130 -105		<b>26</b> wo	4:03 9:37 16:39 22:02	-80 106 -83 80	
<b>7</b> vr	3:20 11:07 16:18 23:38	72 -93 93 -75		<b>17</b> ma	1:38 8:30 13:50 20:58	77 -117 122 -99		<b>27</b> do	4:54 10:25 17:27 22:49	-88 115 -91 84	
<b>8</b> za DT	4:21 12:09 17:26	73 -85 83		<b>18</b> di	2:02 9:05 14:23 21:29	76 -113 111 -92		<b>28</b> vr VM 6:18	5:38 11:04 18:10 23:26	-92 120 -94 85	
<b>9</b> zo	0:46 6:03 13:32 19:03	-70 74 -80 77		<b>19</b> wo	2:22 9:37 14:49 21:58	76 -104 98 -84		<b>29</b> za	6:19 11:37 18:50 23:59	-95 123 -96 86	
<b>10</b> ma	2:12 7:50 15:05 20:44	-72 87 -86 81		<b>20</b> do EK 4:46	2:42 10:08 15:15 22:27	77 -92 87 -77		<b>30</b> zo ST	6:57 12:10 19:29	-97 125 -96	
								<b>31</b> ma	0:30 7:34 12:45 20:05	86 -100 126 -93	

Referentievlak: NAP

ST = Springtij, DT = Doodtij, LAT = NAP-134 cm

Nederlandse tijd

*Cursief gedrukte tijdstippen zijn in ZOMERTIJD*

# Harlingen, Waddenzee

Hoog- en laagwaterstanden en -tijdstippen

September 2026											
datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP
<b>1</b> di	1:02	86		<b>11</b> vr NM 5:26	5:26		-102	<b>21</b> ma	4:33	77	
	8:10		-101		10:48	138			11:41		-53
	13:23	123			18:03		-109		17:24	56	
	20:38		-88		23:28	93			23:57		-53
<b>2</b> wo	1:32	84		<b>12</b> za	6:12		-105	<b>22</b> di	6:18	79	
	8:45		-100		11:31	137			13:27		-51
	14:01	115			18:45		-102		19:00	61	
	21:08		-82								
<b>3</b> do	1:59	83		<b>13</b> zo ST	0:03	91		<b>23</b> wo	2:04		-53
	9:20		-98		6:52		-105		7:56	93	
	14:36	105			12:09	133			15:00		-67
	21:39		-78		19:21		-95		20:26	73	
<b>4</b> vr LK 9:51	2:22	85		<b>14</b> ma	0:31	90		<b>24</b> do	3:26		-70
	10:00		-93		7:29		-106		9:04	108	
	15:11	94			12:45	127			16:04		-84
	22:16		-73		19:53		-91		21:34	84	
<b>5</b> za	2:58	86		<b>15</b> di	0:56	92		<b>25</b> vr	4:21		-83
	10:47		-85		8:03		-105		9:54	118	
	15:59	81			13:17	118			16:55		-94
	23:05		-67		20:22		-87		22:22	90	
<b>6</b> zo DT	4:05	83		<b>16</b> wo	1:21	94		<b>26</b> za VM 18:48	5:09		-89
	11:53		-76		8:35		-100		10:34	123	
	17:28	69			13:46	106			17:40		-97
				20:48		-83	23:02	92			
<b>7</b> ma	0:16		-60	<b>17</b> do	1:44	94		<b>27</b> zo	5:52		-93
	6:04	83			9:03		-91		11:10	125	
	13:26		-73		14:09	93			18:22		-96
	19:16	70			21:14		-77		23:35	93	
<b>8</b> di	1:57		-62	<b>18</b> vr EK 22:43	2:03	93		<b>28</b> ma ST	6:33		-95
	7:45	99			9:31		-80		11:45	126	
	15:03		-86		14:29	82			19:01		-93
	20:43	80			21:40		-73				
<b>9</b> wo	3:26		-78	<b>19</b> za	2:29	91		<b>29</b> di	0:04	95	
	9:00	118			10:02		-71		7:13		-97
	16:18		-102		15:01	73			12:22	125	
	21:50	90			22:12		-68		19:38		-88
<b>10</b> do	4:32		-94	<b>20</b> zo DT	3:16	85		<b>30</b> wo	0:34	97	
	9:58	132			10:43		-62		7:51		-98
	17:15		-111		15:58	63			13:01	121	
	22:44	94			22:56		-62		20:12		-82

Referentievlak: NAP

ST = Springtij, DT = Doodtij, LAT = NAP-134 cm

Nederlandse tijd

*Cursief gedrukte tijdstippen zijn in ZOMERTIJD*

# Harlingen, Waddenzee

## Hoog- en laagwaterstanden en -tijdstippen

Oktober 2026											
datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP
<b>1</b> do	1:07	100		<b>11</b> zo	5:49	-97		<b>21</b> wo	5:12	87	
	8:29		-96		11:02	131			12:35		-53
	13:40	112			18:17	-88			18:17	59	
	20:44		-77		23:24	98					
<b>2</b> vr	1:39	101		<b>12</b> ma <i>ST</i>	6:28	-94		<b>22</b> do	0:40		-54
	9:06		-92		11:38	125			6:43	94	
	14:19	99			18:49	-81			14:12		-66
	21:16		-74		23:50	103			19:43	70	
<b>3</b> za <i>LK 15:25</i>	2:12	101		<b>13</b> di	7:02	-92		<b>23</b> vr	2:28		-62
	9:47		-86		12:12	119			8:08	106	
	15:01	84			19:17	-79			15:19		-81
	21:54		-70						20:50	82	
<b>4</b> zo	2:57	98		<b>14</b> wo	0:19	108		<b>24</b> za	3:36		-75
	10:39		-78		7:34	-90			9:07	116	
	16:06	70			12:43	110			16:15		-91
	22:46		-64		19:43	-80			21:43	91	
<b>5</b> ma <i>DT</i>	4:20	93		<b>15</b> do	0:49	110		<b>25</b> zo	3:30		-84
	11:50		-71		8:04	-86			8:55	122	
	17:45	63			13:11	99			16:04		-93
					20:10	-78			21:27	96	
<b>6</b> di	0:01		-57	<b>16</b> vr	1:16	108		<b>26</b> ma <i>VM 5:11</i>	4:19		-89
	6:03	97			8:32	-78			9:37	124	
	13:24		-74		13:33	88			16:49		-91
	19:13	69			20:37	-75			22:04	100	
<b>7</b> wo	1:43		-63	<b>17</b> za	1:35	105		<b>27</b> di	5:05		-92
	7:29	110			9:00	-70			10:18	123	
	14:51		-89		13:49	79			17:31		-88
	20:29	80			21:04	-73			22:37	104	
<b>8</b> do	3:07		-80	<b>18</b> zo <i>EK 18:12</i>	1:57	102		<b>28</b> wo <i>ST</i>	5:49		-94
	8:39	125			9:32	-64			11:00	120	
	15:58		-103		14:10	72			18:10		-84
	21:29	90			21:37	-71			23:11	110	
<b>9</b> vr	4:12		-93	<b>19</b> ma	2:38	97		<b>29</b> do	6:32		-95
	9:34	133			10:14	-59			11:42	114	
	16:52		-106		15:04	62			18:47		-80
	22:17	94			22:22	-66			23:48	114	
<b>10</b> za <i>NM 17:49</i>	5:04		-98	<b>20</b> di <i>DT</i>	3:46	89		<b>30</b> vr	7:14		-93
	10:21	134			11:10	-54			12:25	104	
	17:38		-99		16:36	55			19:23		-77
	22:55	96			23:21	-59					
								<b>31</b> za	0:28	117	
									7:57		-88
									13:10	91	
									20:00		-75

Referentievlak: NAP

*ST* = Springtij, *DT* = Doodtij, *LAT* = NAP-134 cm

Nederlandse tijd

*Cursief gedrukte tijdstippen zijn in ZOMERTIJD*

# Harlingen, Waddenzee

Hoog- en laagwaterstanden en -tijdstippen

November 2026											
datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP
<b>1</b> zo	1:12	115		<b>11</b> wo	5:35	-78		<b>21</b> za	0:20		-65
LK 21:28	8:43		-83	<b>ST</b>	10:39	108			5:40	107	
	14:04	77			17:42	-74			13:28		-75
	20:43		-72		22:51	119			18:49	76	
<b>2</b> ma	2:08	111		<b>12</b> do	6:06	-77		<b>22</b> zo	1:40		-72
	9:38		-77		11:11	102			6:52	112	
	15:17	66			18:10	-77			14:29		-83
	21:38		-68		23:25	121			19:52	87	
<b>3</b> di	3:24	107		<b>13</b> vr	6:37	-75		<b>23</b> ma	2:46		-80
<b>DT</b>	10:47		-74		11:40	94			8:04	117	
	16:35	63			18:39	-78			15:24		-86
	22:50		-65		23:54	118			20:45	97	
<b>4</b> wo	4:45	109		<b>14</b> za	7:08	-70		<b>24</b> di	3:44		-86
	12:05		-79		12:05	85		VM 15:53	9:03	118	
	17:48	68			19:08	-77			16:14		-86
									21:31	106	
<b>5</b> do	0:17		-69	<b>15</b> zo	0:18	113		<b>25</b> wo	4:37		-90
	6:00	115			7:38	-66			9:55	116	
	13:21		-88		12:24	77			17:01		-85
	18:57	76			19:37	-77			22:14	113	
<b>6</b> vr	1:36		-80	<b>16</b> ma	0:42	109		<b>26</b> do	5:28		-93
	7:06	121			8:12	-63		<b>ST</b>	10:44	112	
	14:26		-95		12:45	71			17:46		-83
	19:54	85			20:13	-77			22:55	120	
<b>7</b> za	2:42		-88	<b>17</b> di	1:19	106		<b>27</b> vr	6:17		-94
	8:02	124			8:53	-62			11:31	104	
	15:21		-94	EK 12:47	13:27	65			18:28		-83
	20:39	91			20:59	-75			23:38	125	
<b>8</b> zo	3:36		-90	<b>18</b> wo	2:16	101		<b>28</b> za	7:05		-94
	8:49	122			9:47	-60			12:19	94	
	16:06		-87		14:44	59			19:10		-82
	21:14	98			21:54	-70					
<b>9</b> ma	4:22		-87	<b>19</b> do	3:25	100		<b>29</b> zo	0:23	128	
NM 8:02	9:30	118		<b>DT</b>	10:55	-60			7:52		-91
	16:44		-78		16:09	60			13:08	84	
	21:45	105			23:00	-65			19:53		-83
<b>10</b> di	5:02		-82	<b>20</b> vr	4:33	102		<b>30</b> ma	1:12	127	
	10:06	114			12:17	-65			8:41		-88
	17:15		-73		17:32	66			14:03	74	
	22:17	113							20:39		-83

Referentievlak: NAP

**ST** = Springtij, **DT** = Doodtij, LAT = NAP-134 cm

Nederlandse tijd

*Cursief gedrukte tijdstippen zijn in ZOMERTIJD*

# Harlingen, Waddenzee

Hoog- en laagwaterstanden en -tijdstippen

December 2026											
datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP	datum	tijd	HW cm	LW NAP
<b>1</b> di	2:07	123		<b>11</b> vr	5:46	-70		<b>21</b> ma	0:47		-74
LK 7:08	9:32		-84	<b>ST</b>	10:46	93			5:50	108	
	15:02	66			17:48	-78			13:41		-74
	21:31	-81			23:08	124			18:44	85	
<b>2</b> wo	3:07	118		<b>12</b> za	6:20	-70		<b>22</b> di	2:03		-79
	10:29		-82		11:18	89			7:13	107	
	16:04	63			18:19	-80			14:44		-79
	22:30	-79			23:40	123			20:03	97	
<b>3</b> do	4:12	113		<b>13</b> zo	6:53	-70		<b>23</b> wo	3:13		-85
<b>DT</b>	11:31		-80		11:49	83			8:35	107	
	17:04	65			18:50	-82			15:43		-83
	23:39	-77							21:07	110	
<b>4</b> vr	5:17	111		<b>14</b> ma	0:10	120		<b>24</b> do	4:17		-91
	12:36		-80		7:27	-69		VM 2:28	9:42	105	
	18:02	70			12:18	78			16:38		-85
					19:21	-83			22:00	120	
<b>5</b> za	0:52		-77	<b>15</b> di	0:41	116		<b>25</b> vr	5:15		-96
	6:20	109			8:01	-69			10:39	101	
	13:41		-81		12:45	72			17:29		-87
	18:57	78			19:58	-85			22:49	127	
<b>6</b> zo	2:02		-79	<b>16</b> wo	1:16	112		<b>26</b> za	6:08		-99
	7:18	107			8:39	-70		<b>ST</b>	11:30	95	
	14:40		-80		13:15	68			18:17		-91
	19:47	88			20:41	-85			23:35	132	
<b>7</b> ma	3:03		-80	<b>17</b> do	1:58	110		<b>27</b> zo	6:58		-101
	8:11	105		EK 6:42	9:24	-70			12:18	87	
	15:29		-78		14:01	67			19:03		-94
	20:33	99			21:31	-83					
<b>8</b> di	3:54		-78	<b>18</b> vr	2:49	109		<b>28</b> ma	0:21	134	
	8:57	103			10:18	-69			7:45		-101
	16:10		-74		14:59	67			13:04	80	
	21:15	109			22:27	-79			19:47		-98
<b>9</b> wo	4:37		-74	<b>19</b> za	3:45	109		<b>29</b> di	1:07	132	
NM 1:51	9:38	100		<b>DT</b>	11:21	-68			8:30		-98
	16:44		-73		16:03	70			13:47	73	
	21:55	117			23:31	-75			20:30		-99
<b>10</b> do	5:13		-71	<b>20</b> zo	4:44	109		<b>30</b> wo	1:53	127	
	10:13	96			12:32	-70		LK 19:59	9:14		-93
	17:16		-74		17:15	76			14:28	68	
	22:33	122							21:15		-98
								<b>31</b> do	2:39	119	
									9:58		-87
									15:08	65	
									22:01		-92

Referentievlak: NAP

ST = Springtij, DT = Doodtij, LAT = NAP-134 cm

Nederlandse tijd

*Cursief gedrukte tijdstippen zijn in ZOMERTIJD*